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LEAFLET FOR PARENTS AND PATIENTS GIVEN OTIGO

WHAT IS AN EAR INFECTION?

**If your child has an ear infection,
it can be really worrying.**

The pain and discomfort can feel
overwhelming for both of you.

Acute otitis media is the medical name for
an ear infection, caused by germs like viruses
and bacteria. It can cause ear pain, hearing
problems, and a high temperature. This can
make your child feel hot, sleepy and unwell.

**The good news is that most ear infections will get better on their
own in just a few days and Otigo can help ease the pain in this time.**





HOW CAN OTIGO EAR DROPS HELP?

Otigo ear drops can help your child feel better by easing the ear pain and reducing inflammation. This gives your child comfort while their body gets rid of the infection on its own.

Important: If you notice any discharge from the ear, stop using Otigo and tell your healthcare provider. Otigo is only for the ears. Do not put it in the eyes or nose. Do not swallow it. Keep the bottle out of reach of children.

HOW TO USE OTIGO EAR DROPS

Put 4 drops into the sore ear, 2 or 3 times each day for up to 7 days.

Always read the full leaflet that comes with Otigo before use.

It may be more comfortable for your child if you warm the Otigo bottle between your hands before use.

1

**Take off the cap.
Screw the dropper
onto the bottle.
Remove the small
protective cap.**

2

**Lay your child on their
side** with the sore ear
facing up.

3

Turn the bottle upside
down and **gently
squeeze the dropper**
until a drop is formed.

4

Put 4 drops
into the sore ear.



5

**Try to keep your child
on their side** for 3-5
mins to let the drops
work.



6

**Put the protective
bottle cap back** on
after use.



WHAT CAN YOU DO AT HOME?

Comfort and Care Tips

PAIN RELIEF:

Alongside Otigo, giving your child paracetamol or ibuprofen (in the right dose for their age as instructed on the pack) can help manage pain and fever.

REST:

Encourage plenty of rest and quiet time to help their body recover.

HYDRATION:

Try to keep your child drinking fluids like water to stay hydrated.



WHAT TO EXPECT

Otigo offers pain relief and anti-inflammatory action to ease the pain. Most children start feeling better within a few days and fully recover in about 1 week to 10 days. It's perfectly normal for some symptoms or discomfort to linger a little while, and you're doing a great job to help your child through it.

WHEN TO SEEK EXTRA HELP

Speak to a GP, nurse, or pharmacist if your child has:

- Pain or fever that gets worse or doesn't get better after 2-3 days
- Any discharge from the ear
- Symptoms in both ears (if your child is under 2 years old)
- A temperature over 39°C that lasts more than 2 days
- Hearing problems that do not get better after the infection clears



WHY HASN'T MY CHILD BEEN GIVEN ANTIBIOTICS?



Antibiotics are helpful for some infections, but are not always needed. If antibiotics are used too often, they may stop working well.

Antibiotics can cause side effects like diarrhoea, rash, vomiting, or allergic reactions.

Antibiotics don't directly help the pain caused by the infection.

REMEMBER, YOU'RE NOT ALONE

It's completely natural to feel concerned when your child is unwell. With gentle care and the right support, most ear infections clear up quickly without antibiotics.

If you have any questions or worries, your GP, nurse, or pharmacist are always there to help guide you through this.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can report side effects directly via the Yellow Card Scheme at <https://yellowcard.mhra.gov.uk>. Side effects can also be reported to Lupin Healthcare by calling +44 (0) 1565 751378 or emailing EU-PV@lupin.com.

By reporting side effects you can help provide more information on the safety of the medicine.